



# DREAMS REALIZED THROUGH LASTING RECOVERY.

**The Camp Recovery Center** offers addiction treatment programs designed to better serve you and your family. Understanding the necessities of our clients, our programs are built from treatment components to solidify your education and prepare yourself for long-term recovery.

## **ADULT & ADOLESCENT DETOX & RESIDENTIAL PROGRAM:**

- Licensed & Certified clinical staff
- MD Detox Specialist
- Medication management
- Consulting Psychiatrist
- Individual counseling
- Group counseling
- Yoga
- Art therapy
- Mindfulness and meditation
- Acupuncture
- 24-hour nursing
- Relapse Prevention
- 12-Step and Refuge Recovery

## **ADULT INTENSIVE OUTPATIENT PROGRAM:**

- Scotts Valley & San Jose Locations
- PhD developed & managed curriculum
- Family Systems
- Managing post-acute withdraw (PAWS)
- Stress management
- Relapse Prevention
- Boundaries & Communication
- Anger management & Resentment

## **CREATE YOUR VISION TO RECOVER**

You can only truly start the recovery process when you start treating your addiction. The Camp offers expert counseling and medication management with 12-Step recovery principles to facilitate lasting change and build your base for long-term recovery. Don't wait another day.



# TALK TO A COUNSELOR: (800) 924-2879

The Camp Recovery Center | 3192 Glen Canyon Rd, Scotts Valley, CA 95066



## WHAT SETS US APART?

**Integrative Approach:** The Camp provides an integrated program of evidence-based treatment methods to administer to the whole person using a variety of emotional, psychological, behavioral, social, and physical techniques to heal the individual, not just treat the addiction.

- Adult Program
  - Transition planning to Intensive Outpatient and Aftercare
- Adolescent Unit
  - Level system to support positive behaviors and emotional growth
  - Onsite District Teacher
  - Coursework Credit repair
  - Individualized Education Program
  - Individualized discharge planning & aftercare
  - Age-specific groups
- Gender-specific groups
- Vast Alumni Support System & Activities
- On-site 12-Step meetings daily
- Life skills development techniques
- Seeking Safety
- Motivational Enhanced Therapy
- Surfing Experiential Modality
- Equine Growth and Learning

**Our People:** Our licensed and certified staff is a dedicated staff is a highly trained and dedicated group of caring and compassionate leaders with an innate ability to connect with our clients. Clinical staff are certified and/or licensed in drug and alcohol recovery, counseling, or therapy.



Treatment may be more affordable than you think. Let us verify your insurance benefits. We accept PPO plans and are in-network with Anthem Blue Cross.