

Veteran Affairs Program for Adults

A Debt of Service

The Camp Recovery understands the tremendous selflessness it requires to serve in the armed forces. While military service carries tremendous honor, it can also leave lasting emotional and psychological damage. People who serve in the military are at increased risk of developing Post Traumatic Stress Disorder (PTSD), Depression, and Anxiety.

These risks increase further if the individual has direct combat experience. Common military occurrences such as witnessing violence, living through man-made or natural disasters, and seeing or experiencing sexual assault can all contribute to increased risk of mental health issues and substance abuse.

The brave individuals who risk and sacrifice so much to defend their country deserve a standard of care worthy of their generosity and dedication.



A Focus on Understanding

- 1 in 3 Veterans diagnosed with a substance use disorder also suffer from PTSD.
- Following Iraq and Afghanistan about 1 in 5 returning Veterans seen by the VA have reported drug and alcohol problems.
- Common symptoms of PTSD include: Trouble falling or staying asleep, bouts of uncontrolled anger, nightmares, flashbacks, hypervigilance, paranoia, and emotional numbness.
- PTSD and substance abuse can adversely affect all aspects of life: family, career, friendships, relationships, etc.
- The risk of suicide is up to 3x higher for Veterans with PTSD and substance abuse than Veterans without these issues.
- Many Veterans struggle to ask for help due to shame, stigma, or frustration.

Accessible, Affordable, and High Quality Care is Available Now

As a result of the Mission Act of 2018, Veterans now have more options for behavioral healthcare. The Camp Recovery Center is a TriWest VA Community Care provider for all of Region 4:

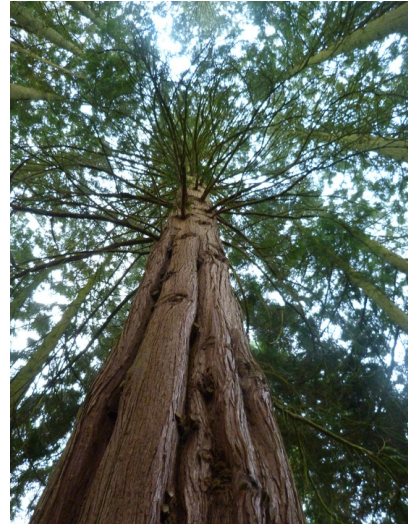
CA, WA, OR, CO, AZ, MT, ID,
NV, UT, WY, NM, TX, HI,

&

Guam, American Samoa, and
the Northern Mariana Islands.

Who We Are

Located on 25 tranquil acres of majestic redwood forest in the Santa Cruz Mountains, The Camp Recovery Center's Adult Treatment Program provides care for those struggling with addiction and co-occurring disorders. Since 1984, our combination of clinically proven therapies and holistic treatment methods have assisted in healing the root cause of addiction, setting the stage for long-term recovery success.



Our Veteran Centered Care

Our program provides multidisciplinary, team-based treatment centered on the unique needs of each Veteran in our care. This includes:

A Comprehensive Care Team

- Psychiatry & Medication Management
- Individual and Group Therapy
- SUD Counselors
- Discharge Planning
- Post Discharge Case Management

Specialized Services

- Free and Confidential Assessment 24/7
- Distinct Veterans-Only Groups (in addition to regular groups)
- Seeking Safety Curriculum
- Distress Tolerance
- Alpha-Stim Electrotherapy
- EMDR Therapy (Eye Movement Desensitization & Reprocessing)

Multi-Level Care

- Detoxification
- Residential Treatment
- Day Treatment (PHP)
- Intensive Outpatient



Call today for your free, confidential assessment with one of our compassionate and knowledgeable admissions counselors. They will help you navigate the intake process, assist you in working with your local VA office, and answer any questions you may have about our facility and services. We are here for you!

800.924.2879 | www.camprecovery.com
3192 Glen Canyon Rd., Scotts Valley, CA 95066