



# THE CAMP

*Recovery Center*

## Referral Guide

The Camp Recovery Center provides highly structured treatment for adults and adolescents who are struggling with an addiction to drugs and/or alcohol. The motto here is “recovery means life”. The goal for this holistic, multi-modality treatment program is to help clients regain an appreciation for the pleasures of a healthy lifestyle, free from the restraints of chemical dependency.

### Who do we treat?

- Adolescents (14–17)
- Adults(18+)

### Program Overview:

- Located on 25 acres in the redwoods of Scotts Valley
- Medical Detoxification
- Residential, intensive outpatient, and partial hospitalization programs
- Licensed and certified clinical staff
- 24-hour registered nurses & EMT staff
- Integrative treatment model and therapies including CBT, Seeking Safety, 12-Step, and Conscious Recovery
- Individual and group counseling
- Mindfulness based recovery: meditation, yoga, acupuncture
- Active alumni support groups and services
- Robust family education and participation

### How to send a referral:

- Call the intake team: 831-438-1868
- Fax the packet: 831-438-2789

### What insurance plans does The Camp accept?

The Camp works with MOST insurance plans, including Kaiser and TriWest/VA.

### Call for Insurance Verification

- Aetna
- APS Healthcare
- ARP
- Avante
- Blue Cross
- Beacon Health Options
- Beat-It
- Cigna
- HMSA-Hawaii
- Coastal Healthcare
- ComPsych
- First Health
- GEHA
- Halcyon
- Healthnet
- Healthsmart
- HMC
- Holman Group
- Magellan
- Meritain
- MHN
- PHCS
- Multiplan
- TAP
- TARP
- UHC/UBH/UMR/Optum
- Valley Health Plan
- Blue Shield (RTC, PHP, IOP)
- TriWest/VA
- Kaiser (by referral)