



THE CAMP

Recovery Center

ADULT DAY TREATMENT

Partial Hospitalization Program

The Camp Recovery Center's partial hospitalization program (PHP) provides comprehensive treatment and personalized attention for adults age 18 and older who are struggling with substance use and co-occurring disorders.

This stand-alone program is ideal for adults who can benefit from an intensive therapeutic experience 6 hours daily Monday to Friday while living in the community.

Treatment Features

Our PHP offers a variety of therapeutic services to assist adults in their recovery. Members of our compassionate team are trained to provide distress tolerance, motivational interviewing, 12-Step programming, Conscious Recovery, mindfulness training, experiential therapies, Seeking Safety, and trauma management. Each adult takes part in the modalities that are best suited to address their needs.

(831) 269-5578

www.camprecovery.com

3192 Glen Canyon Road | Scotts Valley, CA 95066



Services We Offer

Our adult PHP offers a range of services that are designed to meet a variety of client needs. After completing an initial assessment, clients collaborate with our team to develop a plan for their recovery from substance use and mental health concerns. Treatment plans may include services such as:

- Individual therapy, which features one-on-one guidance from an experienced professional in a private setting
- Group therapy, where clients share insights and develop recovery skills surrounding relapse prevention, assertive communication, life skills, and self-esteem
- Family therapy, where clients address how addiction has impacted their loved ones
- Weekly experiential therapies such as hiking, yoga, and martial arts, which promote healing and healthy ways to process stress

Learn More Today

If you are interested in learning more about adult PHP at The Camp, reach out to speak with our helpful and friendly admissions team. Our admissions line is available 24/7 to assist you or your loved one in understanding addiction treatment and determining the level of care that best suits your present needs.

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