



The Camp Adolescent and Adult Co-Occurring Program

Special Offer for Kaiser Permanente Policyholders

INTRODUCTION

The Camp Recovery Center is proud to announce a special residential dual diagnosis treatment opportunity for individuals whose healthcare is covered by Kaiser Permanente.

Our dual diagnosis program incorporates assessment, medical and psychiatric oversight, individual and group counseling, case management, family services, connection to community support groups, and sober fun activities, all within the context of a therapeutic milieu.

Also, all clients who complete this program will be eligible to participate in a wide range of activities through our vibrant alumni community.

ADMISSIONS CRITERIA

This special dual diagnosis treatment program is designed for individuals who have a health insurance policy through Kaiser Permanente and who also meet the following criteria:

- Adolescents 14-17 & Adults 18+
- Have a primary diagnosis of a substance use disorder
- Have a secondary diagnosis of a mental health disorder
- Not responsive to treatment in a less intensive or lower level of care
- Have a high likelihood of relapse without a structured, monitored setting and support

Please note that the admissions criteria listed above are for general informational purposes only. All admissions decisions at The Camp are made on a case-by-case basis following a close review of each prospective client's treatment history, needs, and goals.

To determine if you or a loved one is eligible for this program, please call (831) 438-1868.

PROGRAM FEATURES

Our residential co-occurring program employs an array of evidence-based interventions, with a focus on helping participants develop the skills that will support continued recovery. Our team of integrated specialists provide insight and direction to ensure the unique needs of our co-occurring population are prioritized.

Each client's care is guided by a personalized treatment plan. Depending upon a host of personal factors, a person's experience within the dual diagnosis program may include the following elements:

- Comprehensive medical and psychiatric assessments within 7 days of admission and weekly psychiatric visits with care coordination
- Detoxification
- Random drug screenings
- Case management services
- Medication management services
- Cognitive Behavioral Therapy (CBT)
- Individual Dialectical Behavior Therapy (DBT) assignments
- Seeking Safety treatment model
- Motivational Interviewing
- Individual and group therapy with Masters level clinician
- Contingency management
- Peer mentoring
- Psychoeducational skills groups and lectures
- Family support, including family and couples counseling
- Sober recreational activities
- Connections with community-based support organizations, including 12-Step, Refuge Recovery, and Life Ring groups
- Continuing care planning
- Alumni support groups

In addition, Adolescents receive:

- Gender specific environment
- Utilization of Contingency Management to build positive reinforcement
- Weekly IEP specialist visit
- Elevated oversight by The Camp team

To learn more about how the program features listed above can benefit you or a loved one, please contact The Camp by calling (831) 438-1868.

