

# INTRODUCTION

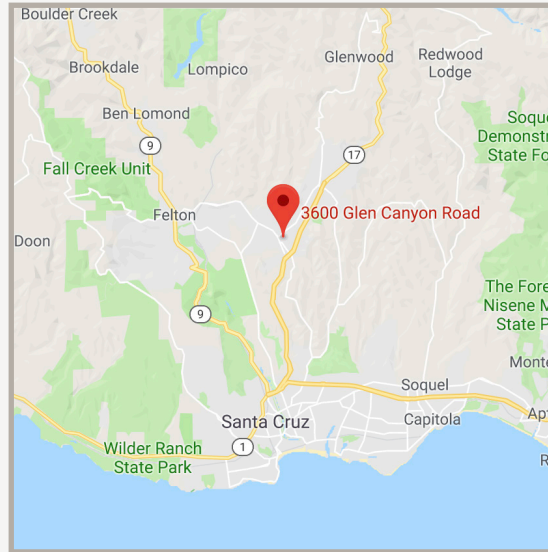
The Camp Recovery Center provides comprehensive residential programming for adolescents ages 14–17 who have been struggling with substance abuse, addiction, and certain co-occurring mental health challenges.

Our adolescent program features traditional individual and group counseling, along with a dynamic array of recreational and experiential therapies. Participants also benefit from a vibrant academic support component and strong family involvement. All care at The Camp is personalized according to the unique needs of each adolescent and provided by teams of experienced and compassionate professionals.

To learn more about adolescent programming at The Camp, please contact us at your convenience. A member of our team is available 24/7 to answer all your questions and help you decide if The Camp is the perfect place for your child.



**THE CAMP**  
*Recovery Center*



**3600 Glen Canyon Rd.  
Scotts Valley, CA 95066**  
**(831) 438-1868**  
**[www.CampRecovery.com](http://www.CampRecovery.com)**



**THE CAMP**  
*Recovery Center*

**ADOLESCENT PROGRAM**

**[www.CampRecovery.com](http://www.CampRecovery.com)**

# PROGRAM FEATURES

## COMPREHENSIVE TREATMENT

Depending upon each adolescent's strengths, needs, and goals, their personalized treatment at The Camp may include the following elements:

- + Detoxification
- + Medication management
- + Individual counseling
- + Gender-specific and mixed-gender groups
- + Recreational and experiential therapies
- + Mindfulness and meditation
- + Acupuncture and yoga
- + 12-Step education and support
- + Relapse prevention education
- + Detailed discharge planning

Throughout a young person's time at The Camp, they will be cared for by a team of experienced and compassionate professionals. Our treatment team includes a medical doctor, 24-hour nursing staff, licensed and certified clinicians, and additional experts as needed.

## ACADEMIC SUPPORT

We understand that many of the issues that bring young people to The Camp may have undermined their ability to make appropriate progress in school. To ensure that each adolescent is best prepared for continued success in all important areas of life, the therapeutic elements of our programming are complemented by a strong academic support component.

Throughout their time at The Camp, adolescents follow personalized lesson plans, receive individual support from certified teachers, and complete at least 20 hours of weekly coursework. We can also coordinate with each adolescent's home school district to ensure maximum credit transfer.

# FAMILY INVOLVEMENT

At The Camp, we understand how an adolescent's struggles with substance abuse, addiction, and co-occurring mental health challenges can impact the entire family. We also appreciate the important role that family members can play during and after a young person's time in treatment. For these reasons, we offer extensive family support services.

One of the highlights of our family support effort is our three-day family program. This experience, which is conducted every other weekend, features a host of educational and therapeutic sessions. In addition to participating in activities with their children, parents can also connect with other families whose adolescents are participating in treatment with us.



## ABOUT THE CAMP

The Camp Recovery Center has been a source of superior addiction treatment services for more than 35 years. Nestled amid the majestic redwoods in northern California's Santa Cruz Mountains, our 25-acre campus is a tranquil place of hope and healing where individuals whose lives have been disrupted by substance abuse and chemical dependency receive personalized care from experienced professionals.

Today, The Camp's services include residential programming for adolescents and adults. Features of treatment include personalized treatment plans, a dynamic array of educational and therapeutic activities, a commitment to holistic care, and detailed discharge planning services.

The Camp Recovery Center is licensed by the California Department of Alcohol and Drug Programs and certified by the Commission on Accreditation of Rehabilitation Facilities (CARF).

**To learn more about The Camp, please visit [www.CampRecovery.com](http://www.CampRecovery.com) or call (831) 438-1868. A member of our team is available to take your call 24 hours a day, seven days a week.**